

## CONFIDENTIAL HEALTH & VASCULAR HISTORY

### PATIENT INFORMATION

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_  
Age: \_\_\_\_ Sex: \_\_\_\_ DOB: \_\_\_\_\_ Years with varicose/spider veins? \_\_\_\_\_

### HOW DID YOU HEAR ABOUT US?

Referring Doctor? \_\_\_\_\_  
Newspaper? \_\_\_\_\_  
Phone book? \_\_\_\_\_  
Web site? \_\_\_\_\_  
Other? \_\_\_\_\_

### SYMPTOMS? **Circle R for right leg, L for left leg, B for both legs**

Please check if you have:

- |  |  |
|--|--|
| <input type="checkbox"/> Red spider veins R L B              | <input type="checkbox"/> Abdominal veins R L B           |
| <input type="checkbox"/> Skin discoloration below knee R L B | <input type="checkbox"/> Bulging veins R L B             |
| <input type="checkbox"/> Purple veins R L B                  | <input type="checkbox"/> Diagnosis of vein disease R L B |
| <input type="checkbox"/> Ankle/leg sores/wounds R L B        | <input type="checkbox"/> Flat bluish-green veins R L B   |
| <input type="checkbox"/> Varicose veins R L B                | <input type="checkbox"/> Swelling R L B                  |
| <input type="checkbox"/> Heaviness R L B                     | <input type="checkbox"/> Tiredness/fatigue R L B         |
| <input type="checkbox"/> Itching/burning R L B               | <input type="checkbox"/> Leg cramps R L B                |
| <input type="checkbox"/> Restless Legs R L B                 | <input type="checkbox"/> Throbbing R L B                 |

### MEDICAL HISTORY

Is there a family history of varicose or spider veins in your family?

Describe which:  Mother \_\_\_\_\_  Father \_\_\_\_\_  
 Siblings \_\_\_\_\_  Aunt \_\_\_\_\_  
 Uncle \_\_\_\_\_  Child \_\_\_\_\_  
 Grandparents \_\_\_\_\_

Is there a history in your **FAMILY** of deep vein thrombosis, stroke, or clotting disorders?

Yes  No

If yes, Who/what? \_\_\_\_\_

Do **YOU** Have a History of?

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Anemia               | <input type="checkbox"/> Ankle Skin Changes    | <input type="checkbox"/> Atherosclerosis     |
| <input type="checkbox"/> Bleeding disorders   | <input type="checkbox"/> Chest pain/pressure   | <input type="checkbox"/> Diabetes            |
| <input type="checkbox"/> Crohn's Disease, IBS | <input type="checkbox"/> Deep Vein Thrombosis  | <input type="checkbox"/> Edema/leg swelling  |
| <input type="checkbox"/> Easy bruising        | <input type="checkbox"/> HIV                   | <input type="checkbox"/> Heart disease       |
| <input type="checkbox"/> Hepatitis            | <input type="checkbox"/> Hypertension          | <input type="checkbox"/> Kidney disease      |
| <input type="checkbox"/> Leg ulcers           | <input type="checkbox"/> Liver disease         | <input type="checkbox"/> Lupus               |
| <input type="checkbox"/> Migraine headaches   | <input type="checkbox"/> Mitral Valve Prolapse | <input type="checkbox"/> Pulmonary Embolus   |
| <input type="checkbox"/> Rupture of a vein    | <input type="checkbox"/> Phlebitis             | <input type="checkbox"/> Trauma to your legs |



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Have you ever been tested for or found positive for a PFO (Patent Foramen Ovale) or ASD (Atrial Septal Defect)? \_\_ Yes \_\_ No

Are you allergic to any medications or tape? \_\_ Yes \_\_ No. If yes, Please list all:

Are you being treated for any illnesses or conditions? Please explain:

Please list all medications that you take (prescriptions, over the counter, herbal and vitamin):  
\_\_\_\_\_ Women only:

Are you pregnant or planning to be soon? \_\_\_\_ Currently breast feeding? \_\_\_\_ Do you have discomfort around your menses? \_\_\_\_\_

VASCULAR HISTORY

Please check any methods you have used to relieve your leg discomfort:

- \_\_ No discomfort
- \_\_ Flexion/extension of your feet
- \_\_ Walking
- \_\_ Wraps (ace, etc)
- \_\_ Cold packs
- \_\_ Tylenol
- \_\_ Other methods: \_\_\_\_\_
- \_\_ Exercise
- \_\_ Leg elevation
- \_\_ Support Hose
- \_\_ Warm soaks
- \_\_ Pain meds = \_\_\_\_\_
- \_\_ Ibuprofen

What was the earliest date you started pain medications for leg problems, and what was the outcome? \_\_\_\_\_

What was the earliest date you wore medical support hose for your leg problems? \_\_\_\_\_ (some insurance plans require that compression hose be worn for a few months prior to request for treatment).

How have your daily activities been affected or limited by your leg problems?

Are you on your feet for long periods? \_\_\_\_\_ in what capacity? \_\_\_\_\_

Does walking/exercise relieve your discomfort or make it worse? \_\_\_\_\_

Have you been treated for your veins before? \_\_\_\_ By whom? \_\_\_\_\_ When? \_\_\_\_\_

What method/which leg Right, Left, Both:

- \_\_ Cosmetic injections/sclerotherapy R L B
- \_\_ Stripping R L B
- \_\_ Ambulatory Phlebectomy R L B
- \_\_ Ligation R L B
- \_\_ Other: \_\_\_\_\_
- \_\_ Ultra Sound Guided Injections R L B
- \_\_ Radio Frequency Closure R L B
- \_\_ Laser Catheter Ablation R L B
- \_\_ Laser for Spider Vein R L B

What have your results been? \_\_\_\_\_

What about your legs would you now most like to correct? \_\_\_\_\_

Patient signature: \_\_\_\_\_ Date \_\_\_\_\_

